

WEEKLY CALENDAR FOR JULY 26 – JULY 31, 2010

Hours: Monday – Friday, 1:00 p.m. – 8:00 p.m. (last session starts at 7:00 p.m.)

Saturday, 8:00 a.m. – 10:00 a.m. (last session starts at 9:00 a.m.)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1:00 p.m. - 2:00 p.m.	CLOSED Client – L.L. 1:00 – 2:00 (every Mon.)	OPEN	OPEN	OPEN	CLOSED 1:00 – 2:00 (every Fri.)	SPECIAL MORNING SESSIONS
2:00 p.m. - 3:00 p.m.	CLOSED	OPEN	OPEN	OPEN	OPEN	8:00 AM – 9:00 AM (see below)
3:00 p.m. - 4:00 p.m.	CLOSED Client – A.B. 2:30 – 3:30 (every Mon.) Actual 2:30 – 3:00	OPEN	OPEN	OPEN	OPEN	OPEN
4:00 p.m. - 5:00 p.m.	CLOSED Client – C.P. 4:00 – 5:00 (every Mon.) Actual 4:00 – 4:30	OPEN	OPEN	OPEN	CLOSED Client – E.L. 4:00 - 5:00 (every Fri.)	9:00 AM – 10:00 AM (see below)
5:00 p.m. - 6:00 p.m.	CLOSED Clients – S.P.B. & L.H. 5:00 - 6:00 (every other Mon.) Actual 5:00 – 5:30	CLOSED Clients – S.A. 5:00 - 6:00 (every other Tues.) Actual 5:00 – 5:30	OPEN	OPEN	CLOSED Client – N.L. 5:00 – 6:00 (every Fri.)	CLOSED Client – S.C. 9:00 – 10:00
6:00 p.m. - 7:00 p.m.	CLOSED Client - D.R. 6:00 - 7:00 (every Mon.)	CLOSED Client - E.H. 6:00 - 7:00 (every Tues.)	CLOSED Client - D.R. 6:00 - 7:00 (every Wed.)	OPEN	CLOSED Client - E.H. 6:00 - 7:00 (every Fri.)	CLOSED
7:00 p.m. - 8:00 p.m.	CLOSED Client – J.G. 7:00 - 8:00 (every other Mon.) Actual 7:00 – 7:30	CLOSED Client - C.M. 7:00 – 8:00 (every Tues.) Actual 7:00 – 7:30	CLOSED Client - M.W. 7:00 – 8:00 (every Wed.)	CLOSED Boxing Class 7:00 – 8:00 (every Thurs.)	OPEN	CLOSED

Please inquire if open availability does not fit your schedule. Note - many open spots get filled on week by week basis.

Red = open time slot **Black = closed time slot** **Blue = actual time slot client is scheduled to train** **Purple = slot has been taken tentatively, not confirmed**