

GINA LOVOI

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OBJECTIVE

To educate, enlighten and exercise the bodies and minds of all physical types, chronological ages and persons with special needs, through professional training, personal experience and passion.

QUALIFICATIONS

Working with a variety of people at many levels is the common thread running through my professional background. It has allowed me to develop excellent interpersonal skills and an ability to work effectively with a variety of clients. I enjoy working in an environment that promotes a sense of community and a sense of empowerment.

PROFESSIONAL EXPERIENCE

Personal Trainer, Gina Lovoi Fitness at Live Art Studios, Potrero Avenue, San Francisco, April 2006 - current.

Children's Fitness Instructor, Push, Pull, Bend, Twist at Recess Urban Recreation, Carolina Street, San Francisco, January 2008 – March 2008.

Aerobic Instructor, Push It - Rock and Roll Aerobics at Thee Parkside, 17th Street, San Francisco, August 2007 – March 2008.

Boxing Instructor, Jewish Community Center, San Francisco, California Street, San Francisco, December 2006 – March 2007.

Personal Trainer, Boxing Instructor and Aerobic Instructor, World Gym, De Haro Street, San Francisco, February 2002 - March 2007.

Boxing Instructor (on-call), Sports Club L.A., Market Street, San Francisco, February 2002 - May 2002.

Boxing Instructor, Gorilla Sports/Bally's, Sutter Street, San Francisco, CA, April 2001 - November 2002.

Lead Boxing Trainer, Granelli's Boxing and Kickboxing Gym, Mariposa Street, San Francisco, CA, February 2000 - November 2001.

CERTIFICATIONS

Certified Heartsaver Adult, Child & Infant CPR and First Aid, San Francisco Paramedic Association, 2000 - current.

Certified Primary Group Exercise Instructor, Aerobics and Fitness Association of America (AFAA),

February 2006 - **current**.

Certified Personal Trainer, American Council on Exercise (ACE), November 2005 - **current**.

Certified Personal Fitness Trainer, American Aerobic Association International (AAAI)/International Sports Medicine Association (ISMA), September 2005 - **current**.

Registered Boxing Amateur Boxer & Coach, USA Boxing, Sept. 1999 - September 2005 & January 2004 - **current**.

Registered Professional Boxer - California State Athletic Commission, October 2005 - January 2007.

EDUCATION / CLASSES / ADDITIONAL EXPERIENCE

Member, National Association to Advance Fat Acceptance (NAAFA), November 2005 - **current**.

Member, Health at Every Size (HAES - Think Tank), October 2005 - **current**.

Producer, Funky Fitness - San Francisco Public Access Channel 29, February 2006 – February 2007.

Graduate, Women's Initiative for Self-Employment, San Francisco, January 2006 - March 2006.

Front Desk Staff, Rhythm and Motion Dance Center, Mission Street, San Francisco, CA, September 2005 - February 2006.

Mentorship with Cinder Ernst - Personal Trainer for body-friendly fitness, World Gym San Francisco, July - October 2005.

- Cinder is a Medical Exercise Specialist. She is certified by ACE, AFAA and the YMCA.

General Manager, Granelli's Boxing and Kickboxing Gym, Mariposa Street, San Francisco, CA, May - September 2001.

- Managed a staff of twenty, created programs/workshops and assisted in all aspects of client relations.

M.F.A. The School of the Art Institute of Chicago, 1996, Performance.

B.F.A. San Jose State University, 1993, Ceramic Sculpture.

REFERENCES AVAILABLE UPON REQUEST